NEWSLETTER

NANAK DARBAR NORTH LONDON

ਨਾਨਕ ਦਰਬਾਰ ਨੋਰਥ ਲੰਡਨ

136 High Road, New Southgate, London N11 1PG Tel: 0208 -368-7104

November

2026

Gurpurbs:

Prakash Gurguddi Siri Guru Granth Sahib ji
Shahidi Divas Guru Teg Bahadar Sahib Ji
Parkash Guru Nanak Dev Ji

Please visit our Website:

WWW.NANAKDARBAR.CO.UK

Email : nanakdarbarnorthlondon@btinternet.com

NANAK DARBAR
NORTH LONDON

136 High Road, Arnos Grove, London N11 1PG

FAITH ♥ COMMUNITY ♥ WELLBEING ♥ SERVICE ♥ TOGETHER ALWAYS

A happier, healthier you
A stronger, kinder community

ALL ARE WELCOME

People of all faiths, cultures and backgrounds

SEVA
SANGAT
SIMRAN
RESPECT
KINDNESS
BELONGING

LEARN
SHARE
SUPPORT
WELLBEING
FRIENDSHIP
COMMUNITY

COMMUNITY WELLBEING DAY
AT NANAK DARBAR, ARNOS GROVE

FREE EVENT
EVERYONE WELCOME

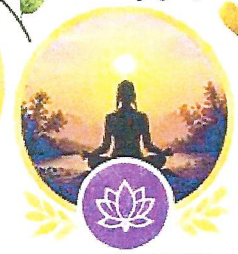
Join us and experience a beautiful place with happy souls and learn while enjoying the moments



REFRESHMENTS & LANGAR
Good food brings people together



CHAIR EXERCISES WITH MUSIC
Gentle movement for a healthier, happier you



MINDFULNESS
A calmer mind
A brighter tomorrow



HEALTH PROFESSIONALS HAND ON CHECKS
Know your numbers
Look after your health



FUN WORKSHOPS
Get creative
Make new friends
Try something new



AND MANY MORE!
Activities, information and support for a brighter, healthier you

WEDNESDAY 18TH NOVEMBER 2026

1PM ONWARDS

NANAK DARBAR NORTH LONDON
136 High Road, Arnos Grove
London N11 1PG

PARKING
Free on-street parking after 12 noon in applicable bays.



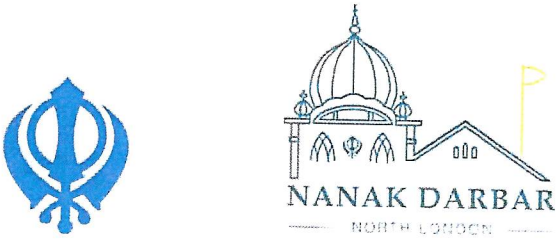
A LITTLE NOTE FOR YOUR VISIT
As a sign of respect, please bring a scarf, bandana or simple cloth to cover your head. Please also bring clean indoor footwear for the temple (shoes are removed).

Together for a healthier, happier tomorrow

Health Heroes Unite Presents

NORTH LONDON WASTE AUTHORITY
EDMONTON COMMUNITY PARTNERSHIP even better together
Health Heroes Unite
NHS North Central London INTEGRATED CARE BOARD
ENFIELD ISLAND VILLAGE HUB
ENFIELD GP FEDERATION

STRONGER PEOPLE ♥ HEALTHIER COMMUNITIES ♥ BRIGHTER TOMORROWS



NEWSLETTER NOVEMBER 2026

NANAK DARBAR NORTH LONDON

136 High Road, New Southgate, London N11 1PG
Tel: 0208 368 7104
Charity Number 275315

Simran: Monday - Saturday from 5.30 a.m. – 6.15 a.m.
Asa di Vaar: Monday - Saturday from 6.15 a.m. - 7.00 a.m.

DATE	OCCASION	Seva
30th October Friday	**PARKASH SHIRI GURU RAM DAS SAHIB JI** **Simran5.30 a.m. to 6.15 a.m.** **Sampooran Asa di Vaar 6.15 a.m. to 8.00 a.m.** **Akhand Path Arambh 8.00 a.m.**	Bibi Surinder Kaur Ghatoaura and family
31st October Saturday	**Akhand Path Continued**	Bibi Surinder Kaur Ghatoaura and family
1st November Sunday	**Bhog Akhand Path 8.30 a.m.** **Samprooran Asa di Vaar: 8.30 to 10.15 a.m.** **Kirtan by Istri Sat Sang Jatha:10.15 a.m.to 11.00 a.m.** **Kirtan by Bhai Maninder Singh Jatha: 11.00 to 12.00 p.m.** **Katha by Bhai Surjit Singh 12.00 to 12.15 p.m.** **Kirtan by Hazuri Jatha: 12.15 to 1.15 p.m.**	Bibi Surinder Kaur Ghatoaura and family
3rd November Wednesday	Istri Sat Sang Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m.	
7th November Saturday	Bhog Sehaj Paath Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m.	Sardar Tarandeep Singh and Bibi Avneet Kaur & family
8th November Sunday	(Diwali) **BANDI SHOD DIVAS** Sampooran Asa di Vaar: 9.30 to 10.45 a.m. Kirtan by Gurmat Sangeet Jatha:10.45 to 11.45.00 a.m. Katha by Bhai Surjit Singh 11.45 to 12.15 p.m. Kirtan by Hazuri Jatha: 12.15 to 1.15 p.m. **Executive Committee Meeting at 2.30 p.m.** Rehras and Kirtan by Hazuri Jatha From 6.00 p.m. to 7.30 p.m.	Sardar Devraj Singh and family

11 November Wednesday	**Gurguddi Siri Guru Granth Sahib Ji** Sukhmani Sahib Path: 10.30 to 12.00 p.m. Istri Sat Sang: 12.00 12.30 p.m. Kirtan Hazuri Jatha:12.30 to 1.00 p.m.	
13th November Friday	Rehras and Kirtan by Hazuri Jatha 6.00 p.m. to 7.30 p.m.	Sardar Sangat Singh Chandok (in memory of his late mother)
14th November Saturday	**Shahidi Divas Guru Tej Bahadar Sahib Ji** Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m. **Documentary Martyrs** **From 5.00 p.m.**	Dr Suchet Singh Bains and Bibi Kulwinder Kaur & family
15th November Sunday	Sampooran Asa di Vaar: 9.30 to 10.45 a.m. Kirtan by Istri Sat Sang Jatha:10.45 to 11.45 a.m. Katha by Bhai Surjit Singh 11.45 to 12.15 p.m. Kirtan by Hazuri Jatha: 12.15 to 1.15 p.m.	Sardar Kuldeep Singh and family
16th November Monday	**Sangrand Maghar**	
18th November Wednesday	Istri Sat Sang Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m. **Community Well Being Day**	
20th November Friday	**Shahidi Divas Guru Teg Bahadar Sahib Ji** **&** **Gurguddi Siri Guru Granth Sahib Ji** **Simran5.30 a.m. to 6.15 a.m.** **Sampooran Asa di Vaar 6.15 a.m. to 8.00 a.m.** **Akhand Path Arambh 8.00 a.m.**	
21st November Saturday	**Akhand Path Continued** --- Sehaj Paath & Kirtan:10.30 to 1.00 p.m. (In Upper Hall)	Sardar Harbhajan Singh Punni and Bibi Ravinder Kaur (in memory of later mother Bibi Balbir Kaur Punni)
22nd November Sunday	**Bhog Akhand Path 8.30 a.m.** **Samprooran Asa di Vaar: 8.30 to 10.00 a.m.** **Kirtan by Gurmat Sangeet Jatha:10.00 a.m.to 11.00 a.m.** **Kirtan by Bhai Gurdev Singh 11.00 a.m. to 12.00 p.m.** **Katha by Bhai Surjit Singh 12.00 to 12.15 p.m.** **Kirtan by Hazuri Jatha: 12.15 to 1.15 p.m.**	
24th November Tuesday	**PARKASH GURU NANAK DEV JI** **Simran5.30 a.m. to 6.15 a.m.** **Sampooran Asa di Vaar 6.15 a.m. to 8.00 a.m.** **Sukhmani Sahib Path & Kirtan** **By Istri Sat Sang and by Hazuri Jath**	Sardar Avtar Singh Brar and family

	From 10.30 a.m. to 1.00 p.m. **Rehras and Kirtan by Hazuri Jath 6.00 p.m. to 7.30 p.m.**	
25th November Wednesday	Istri Sat Sang Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m.	
27th November Friday	**PAKASH GURU NANAK DEV JI** **Simran5.30 a.m. to 6.15 a.m.** **Sampooran Asa di Vaar 6.15 a.m. to 8.00 a.m.** **Akhand Path Arambh 8.00 a.m.**	
28th November Saturday	**Akhand Path Continued**	
29th November Sunday	**Bhog Akhand Path 8.30 a.m.** **Samprooran Asa di Vaar: 8.30 to 10.00 a.m.** **Nisham Sahib Seva 10:00 to 11:00 a.m.** **Kirtan by Ustad Surjit Singh: 11.00 a.m.to 12.00 p.m.** **Appeal 12.00 to 12.30 p.m.** **Kirtan by Hazuri Jatha: 12.30 to 1.30 p.m.**	
2nd December Wednesday	Istri Sat Sang Sukhmani Sahib Path & Kirtan From 10.30 a.m. to 1.00 p.m.	

Please Note: Langar is also served every Monday, Tuesday, Thursday and Fridays between 12 and 2 p.m.

Polite Request from the Executive Committee: **Please do NOT WASTE LANGAR.**

SEVA CLEANING OF THE GURDWARA – VOLUNTEERS NEEDED
If you would like to do Seva on Mondays and / or Thursdays ..
Please speak to Parminder Manget or email your details to
NanakDarbarNorthLondon@Btinternet.com

SPECIAL SCREENING

VENUE : NANAK DARBAR, MAIN LANGAR HALL
NORTH LONDON N11 1PG

TIMING : SATURDAY, 14 NOV. AT 5 PM

